



OPIOIDS: PREVENTION

We are committed to protecting and promoting the health and safety of all Forest County Residents.

GOT UNUSED MEDS? GET RID OF THEM!!!

Unused medications do more than clutter your medicine cabinet, they can be dangerous and lead to accidental poisoning, overdose, and abuse. Thrown in the trash, unused medications can be retrieved and illegally sold. Flushed down the drain, they can contaminate the water supply. Bring your unused medications to the Forest County Sheriff Department 24/7 dropbox located in the lobby of the Forest County Sheriff Department.

Everyone has a role in protecting and promoting the health and safety of youth and young adults.

Provide support in times of emotional stress. Share information with kids about the risks and dangers of opioids. Encourage them to ask medical professionals for alternatives to opioids to manage pain. Supply money only if you are certain where and how it will be spent.

COVID-19: Individuals with Substance Use Disorders are at high risk for complications:

People who smoke tobacco, vape, smoke marijuana, have opioid use disorder, or use methamphetamine are a very vulnerable population to COVID-19 due to the effects the drugs they are using have on the respiratory and pulmonary health. There is a large stigma around substance use disorders which is a major risk factor in someone not getting treated for the virus as quick as someone without a substance use disorder

Smoking tobacco and marijuana/vaping risks can cause increase tissue damage and inflammation in the lungs and lower the ability of the lungs to heal from infections. Smokers are also at a higher risk of developing pneumonia due to the lung damage from smoking/vaping. Opioid and methamphetamine use disorders put people at risk because opioids slow the breathing and put those that use them at higher risk of developing pneumonia and other complications related to COVID-19.

Overdoses are more likely to happen due to social distancing because there is a chance that others are not around to be able to administer naloxone to reverse the effects. Higher chance of mortality if the individual has COVID-19 due to the virus further compromising the lungs. (Drugabuse.gov)

WISCONSIN ADDICTION RECOVERY HELPLINE

Call 211 or 833-944-4673 or visit addictionhelpwi.org to learn about treatment services and recovery supports in your community.

PROPER DISPOSAL SAVES LIVES! Bring your unused medications to the Forest County Sheriff Department Lobby for proper and safe disposal. If you need a lock box for medications call the Forest County Health Department at 715-478-3371.



DOSE OF REALITY
PREVENT PRESCRIPTION PAINKILLER ABUSE IN WISCONSIN.



Join the fight against Methamphetamine:

Talk to your children and family members about the risks and dangers of meth use.

Get involved in your local KNOW METH campaign.

Get involved in the CCFC.

Monitor the use of pseudoephedrine (cold medicine) in your home.

Refuse to purchase pseudoephedrine for someone else.

If you see suspicious activity, report it to law enforcement's tip line: 1-800-622-3784

FOSTER CARE HOMES are DESPERATELY NEEDED

Please call 715-478-3351 for more information at the Forest County Social Services Department.

MISSION STATEMENT

The Community Coalition of Forest County shall inform and engage all age groups and cultures of our community in a collaborative effort to measurably improve the health and well-being of our residents with a focus on youth substance abuse and prevention.

Stay informed by visiting our website!

www.forestcountyycc.org

Find us on Facebook

Community Coalition of Forest County

Life's not about waiting for the storm to pass, it's about learning to dance in the rain...

COVID-19 has many families stuck at home with bored kids and teens. Research shows that boredom can be a risk factor to underage alcohol consumption. April is Alcohol Awareness Month. What better way to prevent underage drinking than be engaging with your kids in one of the free activities below:

Free education options at home:

<https://www.wkbn.com/news/coronavirus/free-education-options-at-home/>

Art projects to do at home:

<https://culturela.org/programs-and-initiatives/arts-resources-during-covid-19/>

Free books on audible:

<https://stories.audible.com/discovery>

Dolly Parton reads a book before bedtime:

<https://imaginationlibrary.com/goodnight-with-dolly/>

Free e-books for kids (free until August):

<https://www.tumblebooklibrary.com/Home.aspx?categoryID=77>

Free e-books for teens (free until August):

<https://www.teenbookcloud.com/Home.aspx>

Free exercise class videos from the YMCA:

<https://ymca360.org/on-demand#/>

Free live concerts:

<https://www.npr.org/2020/03/17/816504058/a-list-of-live-virtual-concerts-to-watch-during-the-coronavirus-shutdown>

Learn about different animals at the Philadelphia Zoo:

<https://www.facebook.com/philadelphiazoo/>

Get a free virtual tour of art in Philadelphia:

<https://mww.oncell.com/en/index.html>

More free ideas: <https://phillyfamily.com/30-things-to-do-with-kids-this-week-virtually/> and

<https://www.wftv.com/news/trending/coronavirus-fun-things-do-while-self-quarantined-social-distancing-over-weekend/LSX3Z7OCDNFRPMPRHVOHGKQVTA/>



Community Coalition of Forest County
working together to identify and address community goals

Prevention Week Poster Contest

PREVENTION HAPPENS HERE

ENTRY REQUIREMENTS

- Original artwork that illustrates **what a healthy Forest County looks like**
- All entries must be within 8.5 x 11 inches
- For entry rules and entry form please visit www.forestcountycc.org.
- One entry per child. No group entries
- Various media can be used -paint, crayon, colored pencil, charcoal, and stickers. No digital media, please.

ELIGIBILITY

- The Community Coalition Poster Contest is open to all Forest County youth ages 5-18 enrolled in public, private and/or home schools.
- Contest to start April 24th and end May 3rd.
- Prizes will be awarded in EACH community of Armstrong Creek, Crandon, Laona & Wabeno!
 - 1st Place \$100.00*
 - 2nd Place \$ 50.00*
 - 3rd Place \$25.00*
- Entries will be judged by a panel of Community Coalition members and winners announced Sunday, May 10th.

Complete
rules and
entry form

