



## What kind of drugs are prescription painkillers?

Prescription narcotics (“opioids”) are painkillers prescribed by doctors, typically in pill form, to help patients with severe or chronic pain. While their use and benefit is widely debated, there is one thing for certain, users are **always** at risk for addiction.

### Some common prescription painkillers:

Oxycodone  
Hydrocodone  
Morphine  
Codeine  
Fentanyl  
Hydromorphone  
Methadone  
Diphenoxylate  
Propoxyphene



### DOSE OF REALITY:

*More than 70% of people who abuse prescription painkillers get them from friends or family*

## What are signs of addiction to watch for?



**DOSE OF REALITY**  
PREVENT PRESCRIPTION PAINKILLER ABUSE IN WISCONSIN.

Some signs are physical, and some are behavioral.

Common signs include:

- Noticeable elation/euphoria
- Marked sedation/drowsiness
- Constricted pupils
- Slowed breathing
- Intermittent nodding off
- Loss of consciousness
- Constipation
- Confusion
- Dramatically changing moods
- Social withdrawal or new friend group
- Loss of interest in sports or hobbies
- Change in eating, sleeping, or personal hygiene
- Taking medication for reasons besides pain
- Consistently late for school/work or increased absences

## What can parents do?

- Talk with your child about the dangers of prescription painkillers, especially opioids and narcotics.
- Ask your healthcare professionals for non-narcotic alternatives if prescribed for your child
- Let your child know that you will stand by them and offer support if he/she needs it
- Do not supply your child with a steady supply of money if you aren’t certain about where and how it will be spent
- Rather than staging an “intervention,” focus on creating incentives to get your child to a doctor or Alcohol or Other Drug (AODA) counselor
- Bring your child to a medical professional or AODA counselor who can check for signs of drug use (including drug testing) and other mental health issues
- Take away your child’s driving privileges if you suspect drug use to prevent an accident (this can also be used as an incentive to get your child’s agreement to be evaluated by a doctor or counselor)

### DOSE OF REALITY:

*In the U.S., prescription painkillers are involved with more overdose deaths than heroin and cocaine combined*

Visit [DoseOfRealityWi.gov](http://DoseOfRealityWi.gov)  
for more information

# Upcoming Events

**WRITTEN OFF**  
"THE JOURNALS WILL EXPLAIN EVERYTHING"

Honest personal journals reveal the secrets of how an innocent prescription for painkillers leads to one man's 10 year struggle to escape opiates and the stigma that surrounds his addiction.

"This gripping film will change the way you look at America's opioid crisis." - Jane O'Brien, BBC News

Special Screening  
**Crandon High School**  
October 3rd, 2018

Sponsored by:  
The Human Service Center and The Community Coalition of Forest County

5:30 - "Hidden in Plain Sight" Mock Teen Bedroom  
6:00 - Documentary Screening  
7:30 - Q & A, Panel Discussion

**FREE EVENT**

All community members welcome!

Please contact the Forest County Health Department with any questions at 715-478-3371

**DRUG TAKE BACK EVENT**  
October 27<sup>th</sup>

**SAFE DISPOSAL SAVES LIVES.**

Learn more at: [www.DoseOfRealityWI.gov](http://www.DoseOfRealityWI.gov)

BRING	DO NOT BRING
<ul style="list-style-type: none"> <li>• Prescription (controlled and non-controlled)</li> <li>• Over-the-counter medications</li> <li>• Ointments, patches, non-aerosol sprays, and inhalers</li> <li>• Creams, vials, and pet medications</li> </ul>	<ul style="list-style-type: none"> <li>• Illegal drugs, needles/sharps, or aerosol cans</li> <li>• Bio-hazardous materials (anything containing bodily liquid or blood)</li> <li>• Mercury thermometers or personal care products (shampoo, soaps, lotions, sunscreen, etc.)</li> <li>• Household hazardous waste (paint, pesticides, oil, gas)</li> </ul>

**A WISCONSIN DEPARTMENT OF JUSTICE EVENT**

LOCATION: Forest County Sheriff's Department DATE: October 27<sup>th</sup>

October 27<sup>th</sup> is a National Drug Take Back Day. The Forest County Sheriff's Department & the Community Coalition of Forest County are encouraging community members to clean out any unwanted/unused medications from their cabinets and bring them to the Sheriff's Department drop off location on this day.

**Reminder:** The Forest County Sheriff's Department has a **24-hour permanent drug drop box in the Sheriff's Department** where community members can bring their unwanted/unused medications all hours of every day.

**DOSE OF REALITY**  
PREVENT PRESCRIPTION PAINKILLER ABUSE IN WISCONSIN

A message from Wisconsin Department of Justice, Brad Schimel, Attorney General, and Wisconsin Department of Health Services

Community Coalition of Forest County  
Working together to identify and address community goals

Wisconsin Department of Health Services

## Deterra Drug Deactivation Pouches

At-home drug disposal with the patented Deterra® Drug Deactivation System is the simplest and most effective way to keep drugs out of our lakes, rivers streams and drinking water. Deterra is scientifically proven and powered by proprietary MAT<sub>12</sub> Molecular Adsorption Technology. In a simple 3-step process, a user can deactivate drugs, rendering them inert, unavailable for misuse and safe to the environment.

The Community Coalition of Forest County has purchased Deterra pouches as well as personal medication lock boxes to distribute to Forest County residents. **If you or someone you know could benefit from these easy to use drug disposal pouches or a lock box, please call or stop by the Forest County Health Department 715-478-3371.**



### Mission Statement

The Community Coalition of Forest County shall inform and engage all age groups and cultures of our community in a collaborative effort to measurably improve the health and well-being of our residents with a focus on youth substance abuse and prevention.

Stay informed by visiting our website!

[www.forestcountycc.org](http://www.forestcountycc.org)

**Find us on Facebook!**

Community Coalition of Forest County



Community Coalition of Forest County  
working together to identify and address community goals